

MINUTES
Tampa Bay Beekeepers Association
October 8th 2009
www.tampabaybeekeepers.com

The Tampa Bay Beekeepers Association monthly meeting came to order on Thursday, September 10, 2009, 7:30 pm at the Hillsborough County Extension Office old meeting hall. David Smith presided as president, Robert Messineo as vice president, Joyce Lang as treasurer and Renee Hartmann as secretary, librarian David Kennedy. We had 9 guests and approximately 71 people attended the meeting. Refreshments were provided by Marie and Noel Blanchett
Thank you very much.

David Smith updates us on the thief that stole hives off of area farms. . Picture of the man was past around.

Robert Messineo describes the attributes of the honey and its carbohydrate content. He reminded us of the medicinal properties of honey in regards to arthritis and diabetes and insomnia. He showed us the make up of honey and how it works in the endocrine system. He showed the effects of the glucose and fructose in our system. He tells the story of a child scratched the cornea and putting honey in the eye and it act as an anesthetic. Honey is more than a sweetener. Fructose is stored in the liver. Glucokinase is an enzyme. It has a big part of taking glucose to tryptophane and then into serotonin and then to melatonin. Glucose as glucose will be stored as fat. As a sleep aid the dosage is two heaping tablespoons of honey before you go to bed at 10 and 10:30 at night after a 5:30 to 6:30 dinner.

In summary the effects of the honey on your cholesterol, diabetes, arthritis, and hypertension can be quite remarkable. Willow tree bark as the salicylic acid; boil in water for a pain medicine
With Lipitor the liver shuts down and can not process the fructose. So ask your doctor about what happens on your drug and fructose processing.

Thank you to Robert for speaking tonight.

Break at 8:30 pm

Discussion about calls about swarms in South Tampa. Be careful and charge for your labor.

What is blooming? Brazilian pepper, primrose willow, coral vine.

When to extract honey? When the flow is almost done or can't shake the honey off the frame.

What to do with the extracted frames? Store them in a shed with a lid. Store them askew to let air flow with moth ball crystals. Air them out before you put them on the hive. Make sure the combs are cleaned off by putting the extracted frame out in the apiary so the bees can clean it up.

November 4th Florida State Beekeepers Association meeting in Monticello

Gary Ranker asks if the group is interested in purchasing the honey bear bobble head? It would promote honey bee industry.

Discussion of Christmas party. December 10th. Rick Crites moves we have the dinner here at the Seffner office. And the group approved of the motion. Please sign up at the November meeting for a dish you will like to bring to the Christmas party.

Club Apiary Report: Hives are back at the Upper Tampa bay Park. Every person at the apiary needs to have signed waivers. Wear long sleeves and long pants. Work party starts 9:30 AM

Treasurer report. \$7173.03 in the checking and 1000.00 CD Motion to approve .and passed.

Door prize provided by Bert Kelly.

Thank you to Marie and Noel for the supper tonight.

Next month Mary Roberts has volunteered to bring refreshments. Please make sure during the year to participate in the bringing of the refreshments. You may share this with another person or just volunteer to bring something the month you sign up.

Next meeting is November 12, 2009

Meeting adjourned approximately 9:45 PM

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Submitted by, RENEE HARTMANN